

## Consent form

**Research Title:** The next wave of actor training: Facilitating peak performance

**Researchers:**

MPhil Candidate Tahlia Norrish, University of Queensland

Professor Cliff Mallett, University of Queensland

Associate Professor Steven Rynne, University of Queensland

Dr Véronique Richard, University of Queensland

**Name of the participant:**

I consent to participate in this research project. It has been explained to me that the purpose of this research is to investigate the applicability and efficacy of a sport psychology-derived mindfulness training in the context of a Western drama school. I have also been provided with a written project information sheet in a language that I can understand.

The possible risks of participating in this research have been explained to my satisfaction. I understand that in this research I will be required to participate in five mindfulness training sessions, answer the two questionnaires provided, and may be asked to partake in an interview. I understand that my interview will be audio recorded for transcription purposes only.

I understand that my participation is voluntary and I am free to withdraw from this research at any time without needing to provide any explanation, and I would not receive any penalty or bias as a result of my withdrawal. Should I decide to withdraw, I understand that my data will be destroyed and will not be used in the research.

I understand that all data collected for this research will be uploaded and stored in a unique project folder on the University of Queensland's Research Data Manager system, and all hard copy data will be securely disposed of. Only the researchers listed above will have access to the data.

I consent for my non-identifiable data to be used in future research that is an extension of or related to this project after receiving human research ethics approval. YES / NO

I consent for my non-identifiable data to be used in any future research or shared with external researchers after receiving human research ethics approval. YES / NO

I understand that this research adheres to the Guidelines of the ethical review process of The University of Queensland and the National Statement on Ethical Conduct in Human Research. I have been provided with contact details of the researcher, as well as UQ Ethics Coordinator.

Participant signature: \_\_\_\_\_ Date: \_\_\_\_\_

Ethics ID number: 2024/HE000131